

ADVANCED SLEEP THERAPY LIMITED PATIENT BILL OF RIGHTS

As an individual receiving home care services from Advanced Sleep Therapy Limited, let it be known and understood that you have the following rights:

- 1. To select those who provide you home care services.
- 2. To be provided with legitimate identification by any person or persons who enters your residence to provide home care for you.
- 3. To receive the appropriate or prescribed service in a professional manner without discrimination relative to your age, sex, race, religion, ethnic origin, sexual preference, psychosocial state, physical or mental handicap, or personal cultural and ethnic preferences.
- 4. To be promptly informed if the prescribed care or services are not within the scope, mission, or philosophy of Advanced Sleep Therapy Limited, and therefore be provided with transfer assistance to an appropriate care or service organization.
- 5. To be dealt with and treated with friendliness, courtesy and respect by each and every individual representing Advanced Sleep Therapy Limited that provides treatment or services for you and to be free from mental, physical, sexual, and verbal abuse, neglect, and exploitation.
- 6. To have your confidentiality, privacy, safety, security, and property respected at all times.
- 7. To assist in the development and planning of your health care program that is designed to satisfy, as best as possible, your current needs.
- 8. To be provided with adequate information from which you can give your informed consent for the commencement of service, the continuation of service, the transfer of service to another health care provider, or the termination of service.
- 9. To express concerns or grievances or recommend modifications to your home care service without fear of discrimination or reprisal.
- 10. To request and receive complete and up-to-date information relative to your condition, treatment, alternative treatments, risks of treatment within the physician's legal responsibilities of medical disclosure.
- 11. To receive care and services within the scope of your health care plan, promptly and professionally, while being fully informed as to Advanced Sleep Therapy Limited's policies, procedures, and charges.
- 12. To refuse care, within the boundaries set by law, and receive professional information relative to the ramifications or consequences that will or may result due to such refusal.
- 13. To request and receive data regarding services or costs thereof privately and with confidentiality.
- 14. To request and receive the opportunity to examine or review your medical records.
- 15. To formulate and have honored by all health care personnel an advance directive such as a Living Will or a Durable Power of Attorney for Health Care, or a Do Not Resuscitate order.
- 16. To expect that all information received by Advanced Sleep Therapy Limited shall be kept confidential and shall not be released without written consent.
- 17. The right to review Advanced Sleep Therapy Limited's Privacy Notice.
- 18. The right to access, request amendment to, receive an accounting of disclosures regarding your health information as permitted under applicable law.
- 19. The right to revoke any previous consent for release of medical information or for obtained consent for media recording or filming.
- 20. To be involved, as appropriate, in discussions and resolutions of conflicts and ethical issues related to your care.
- 21. To be informed of any experimental or investigational studies that are involved in your care, and be provided the right to refuse any such activity.

Patient

Responsibilities

Safety and health care delivery provided is enhanced when Advanced Sleep Therapy Ltd. patients, as appropriate to their care, are partners in the health care process. Advanced Sleep Therapy Ltd. is entitled to reasonable and responsible behavior on the part of the patients, within his or her capabilities, and their families. The following are defined as the responsibilities for Advanced Sleep Therapy Limited's patients:

- 1. Responsibility to provide accurate and complete information about present complaints, past illnesses, hospitalizations, medications, and other matters relating to his or her health.
- 2. Responsibility to report perceived risks in their care and unexpected changes in his or her condition.
- 3. Responsibility to help Advanced Sleep Therapy Ltd. understand his or her environment by providing feedback about service needs and expectations.
- 4. Responsibility to ask questions when he or she does not understand care, treatments, and services or expectations.
- 5. Responsibility to follow the care, treatments, and services as planned.
- 6. Responsibility for the outcomes if he or she does not follow Advanced Sleep Therapy Ltd.'s care, treatments, and services.
- 7. Responsibility to follow Advanced Sleep Therapy Ltd.'s rules and regulations.
- 8. Responsibility to be considerate of Advanced Sleep Therapy Ltd.'s staff and property.
- 9. Responsibility to meet any financial obligation agreed to with Advanced Sleep Therapy Ltd.

By understanding and respecting these values, Advanced Sleep Therapy Ltd. will meet care, treatment, and service needs and preferences.