



CLEANING SCHEDULE

	Mask/Nasal pillows	Headgear	Hoses	Humidifier	Disposable filters (white)	Washable filters (gray)
Daily	✓			✓		
Weekly		✓	✓	✓		✓
Three months					✓	

DAILY

Mask/Nasal Pillows: Using a non-lanolin hand soap, wash mask or nasal pillows thoroughly. Rinse well. Allow to air dry.

Humidifier: Empty your humidifier each morning and let it air dry. Fill each evening with fresh distilled water only.

WEEKLY

Headgear: Using a non-lanolin antibacterial soap. Wash headgear and let air dry.

Hoses: Using ½ cup of white vinegar and 1 ½ cup of water, pour into hose and run through several times. Rinse well and let air dry.

Humidifier chamber: Soak the chamber in ½ cup of white household vinegar to 1 ½ cups of water. Rinse thoroughly, and let air dry.

Washable Filter: Wash filter in warm soapy water, then rinse until no soap appears. Dry thoroughly before replacing into unit.

THREE MONTHS

Disposable Filter: Disposable white filters should be replaced once every three months or as needed.